

Sources of Strength Peer Leader Activities Tracking Form - EXAMPLE

Name of Activity	Date	# PL's Involved	# Reached	Brief Description of Activity
School staff contact	10/1/12	32	44 school staff	Peer leaders broke into teams of three and gave all teachers, secretaries, admin, janitors, cooks, and bus drivers a Sources magnet – thanked them for their support – explained their program and plans
Elementary bully prevention presentation	11/2/12	17	120 3 rd -7 th graders – 6 classes	PL's presented to individual classes on fun upbeat bully prevention – used games, personal stories, post-it notes with people you can turn (total of 450 support names) pictures with class and PL's to make a poster
Courage Posters	11/20/12-12/20/12	25	500 students	Courage poster campaign – used four different posters messages – 1 message per week for four straight weeks, 20 PL's, 6 staff, and 10 other students had their faces on the posters
Dodgeball Tournament	1/15/13	15	200	Partnered with student council on a dodgeball tourney during Spirit Week – PL's wore their Sources Tshirts and gave out humorous prizes
Classroom presentations	2/16/13	21	400	PL's in groups of 5 presented 15 minutes per class – shared strengths circle, had students share about top strengths – post-it names of trusted adults by all in the class
Wall of Trust	2-22-13	27	450 students 600 adult names	PL's used names from classroom post-its to create a hallway display of trusted adults – worked lunchroom to get additional students to name trusted adults -
School announcements	3-1-13	5	500 students	PL's gave a 2 minute school announcement on healthy activities – examples and help manage stress and moods
School announcements	3-9-13	6	500 students	PL's gave 2 minute school announcement on generosity – personal examples and how it's strengthened them
Assembly - video	4-22-13	20	500 students	During assembly PL's created and showed a What Helps Me video – asked other students to share What Helps them management emotions of anger, anxiety, depression, stress through writing, art, video
English writing assignment	4-23-13	20	150 students	10 th – 11 th grade English classes assigned to write a 1 page What Helps Me story – peer leaders read and gave prizes for best stories
Activity Night	5-30-13	22	180 students 10 staff	PL's partnered with student council, SADD, FCLA, to do a student/staff games night – went over well
Recognition Event	6-1-13	23	45 parents, staff, friends attended	Had a pizza dinner, recognition event, PL's shared with others their accomplishments, how Sources has impacted them
School Board	6-6-13	7	17 present	Peer leaders gave a ten minute presentation to the school board – the need, examples of their activities, and showed them their What Helps me video – principal introduced them