FALL KICK OFF MEETING AGENDA
Peer Leader Meeting: Kick Off Event

One Part Fun (5-15 minutes)
Share your excitement with the team that you’ll continue to have fun and play games during your meetings. In this meeting play the modified Chair Game or Dance Detective.

One Part Sharing (15-30 minutes)
Read the Peer Leader Mission Statement aloud either as a group, popcorn style, or asking for volunteer(s).

Pivot to strength by playing this version of WheelHouse Connection or another activity that provides an opportunity for everyone to share in fun and strength as they come back from the summer. We recommend playing music or delegating a Peer Leader to DJ.

Instructions:
1. Ask everyone to find a partner and form two circles, an outside circle with one partner and an inside circle with the other partner across from them.
   • Make sure to pair students up with another adult or student if they don’t have a partner or make a group of three where needed.
2. Once the two circles are formed and the partners are facing each other, have each circle begin to move to their right when music is playing (inside circle clockwise and outside circle counter-clockwise). When the music stops participants should be instructed to give their new partner(s) an air high-five and introduce themselves. Participants will then have a one minute conversation to share on a prompt you provide. Here are a few options, feel free to make up your own silly or strength-based prompts:
   • What is your favorite movie and why?
   • What is something fun/interesting you did this summer?
   • What are you thankful for right now in your life?
   • What is your favorite back-to-school supply, why?
   • Who is a Positive Friend for you and what do you appreciate about them?
   • Who is a Mentor for you and what do you appreciate about them?
   • What Strength or Strengths did you use the most this summer? You may need a visual of the Strengths Wheel available for this.
   • What was one of your favorite events from last school year or the one before?
   • What is an event you’re looking forward to this school year?
   • What other clubs or groups are you a part of at our school?

One Part Planning (20 minutes)
Allow students individual time to reflect on the following questions.* Then you could write questions on large posters around your room inviting students to wander around, sharing responses on individual sticky notes. Eventually move into breakout groups to share responses or facilitate large group discussion.

Goal
Whether your team has continued to meet consistently or had to pause for some time, this agenda will welcome your team back for the Fall and start to build a foundation for this school year.

Welcome (1-2 minutes)
Thank all the Adult Advisors and Peer Leaders for joining the meeting. Remind everyone they are here because we are going to build and practice a Community of Strength- a community that is diverse and resilient and inclusive and effective. Remind Peer Leaders that their voices have power and they are Agents of Change and Connectors to Help in their school and community.
• What are the strengths of our Sources of Strength team? And what is an area you’d like to see us become stronger in?
• Describe the impact you want Sources of Strength to have in our school and community.
• What are the most effective mediums we can utilize for our campaigns to reach every person in our school? See suggested mediums below.
• What other clubs or organizations could we partner with to carry our message forward?
• Are there events happening in the school that Sources of Strength should be a part of?
• Consider pulling up a calendar for the first semester adding existing all school activities/events to the calendar.
• Are there local community entities that would be willing to support or sponsor our efforts?
• What other staff, students, or community members can we invite to be a part of what we’re doing? How could we better include them?

*If your team met consistently during the previous school year, consider completing the End of Year Survey on p. 128 of the Field Guide instead.

**CLOSING** (4 minutes)
As you are ending the meeting, ask for volunteers who will send a recap of the meeting, including brainstormed ideas, to the entire team as well as a reminder for the next meeting date and time. Don’t forget to find out who would like to DJ your next meeting.

Thank them for using their voice and investing their time and energy into this work.

Feel free to supplement or substitute any of the additional activities. Visit [sourcesofstrength.org](http://sourcesofstrength.org) and Sources Social Media platforms (specifically [Instagram @sourcesofstrength](https://www.instagram.com/sourcesofstrength)) for more ideas.

**NOTES**