

TRUSTED ADULT CAMPAIGN

Peer Leader Meeting Two: Connection and Recognition of Trusted Adults

Goal

Deepen relationships between Peer Leaders and Trusted Adults, and invite the student body to connect with and recognize the Trusted Adults in their lives.

Welcome (1-2 minutes)

Thank all the Adult Advisors and Peer Leaders for joining the meeting.

ONE PART FUN (5-15 minutes)

Some say laughter is the best medicine. In this meeting play Bob Ross or Bust, or another [Sources of Strength Game](#).

ONE PART SHARING (15-30 minutes)

Now that we have developed language around what makes a Trusted Adult. Let's talk about building those relationships. If you made a Trusted Adult Job Description- time to get to know the applicants!

Prompt:

Raise your hand if you can think of a Trusted Adult you're connected to in our community.
Who would like to share a story about growing closer to a Trusted Adult?
How has a Trusted Adult positively impacted you?

Have the facilitator share first and then call on Peer Leaders and Adult Advisors one by one to share.

ONE PART PLANNING (10-20 minutes)

Now that your Peer Leader team has discussed deepening relationships with Trusted Adults, here are some ways to invite the student body into that same process.

- **Creatively name and thank a Trusted Adult.** This could look like sending a thank you card, giving them a gift card for coffee, or sending an email of gratitude, even writing chalk messages of gratitude in staff parking spaces or on school sidewalks.
- **Sixty Second Stories.** Use your Instagram story to share about your Trusted Adult in less than 60 seconds, and tag five friends to do the same.
- **Create a questionnaire to learn more about Trusted Adults and use the answers to develop Trusted Adult games.** Future meetings may incorporate the answers from this questionnaire to create Trusted Adult MadLibs, a Trusted Adult Scavenger Hunt, Trusted Adult Bingo, or a Trusted Adult Game Show!
- **Film Trusted Adult trailers.** Film and edit mini-movies to get the word out about Trusted Adults.

These are campaign ideas to help fuel your brainstorming, but make sure every campaign you run includes ideas and elements from your Peer Leaders. As a group visit sourcesofstrength.org and the Sources of Strength social media platforms (specifically Instagram [@sourcesofstrength](https://www.instagram.com/sourcesofstrength)) for more ideas.

CLOSING (1-2 minutes)

Thank all the Adult Advisors and Peer Leaders for participating in the meeting. Ask everyone to write

down (or put in their phones) one way they can practice strength and one way they can encourage others to practice strength in the next week. Remember to let everyone know the time and date for the next meeting.

NOTES
