

CHECK IN!

HOW DO YOU FEEL?



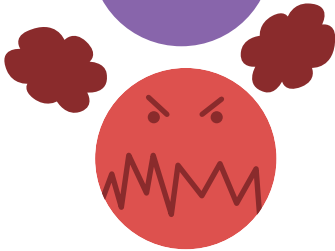
I FEEL AWESOME!



I'M DOING WELL.



NOT GOOD, NOT BAD, I'M FINE.



I AM ANGRY!



I FEEL SAD.



I FEEL WORRIED OR ANXIOUS.



I AM TIRED!

WHAT'S A STRENGTH YOU USED THIS WEEK?