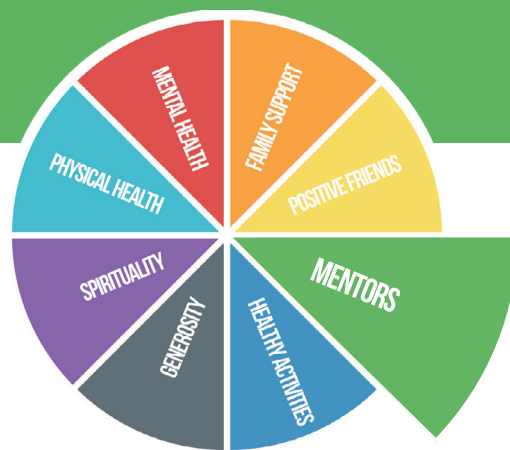


I AM A TRUSTED ADULT



BY DISPLAYING THIS FOR YOUTH AND ADULTS TO SEE I PROMISE TO:

- Acknowledge that reaching out for support is a Strength
- Listen and react non-judgementally
- Respond in a calm and reassuring manner
- Reflect back the feelings, Strengths and ideas I hear when listening
- Ask how I can be helpful and respond as I am able
- Do what I can to other supports if asked
- Maintain confidentiality and communicate if exceptions exist.