BECOME A SOURCES OF STRENGTH ADULT ADVISOR!

What is Sources of Strength?

Sources of Strength is a best practice, upstream prevention program with a radically strength-based approach to suicide prevention. Our mission is to promote well-being, help-seeking, resilience, healthy coping, and a sense of belonging. The Sources of Strength team begins with a group of adults willing to partner with our students to create positive social change in our school and community.

Why become an Adult Advisor?

Ideal Adult Advisors have unique connections with young people and an understanding of community culture. The Role of an Adult Advisor is to:

IDENTIFY PEER LEADERS:
Recruit students from all corners of our school to be agents of positive change, connect with their own Strengths (protective factors), and become connectors to help.

INCREASE YOUR IMPACT:

Support our Peer Leaders in ongoing meetings as they develop and implement messaging campaigns for positive change.

EMPOWER A WELL WORLD:

Help us prevent suicide, reduce risk factors, and increase wellness by fostering a culture of Strength and belonging.

DETAILS ON TRAINING

What will I do as an Adult Advisor?

- Attend an Adult Advisor training (3-6 hours) to deepen your knowledge and create team strategies.
- Attend a Peer Leader training (4.5-6 hours) to connect with students and lay the foundation for the program's implementation.
- Attend regular meetings (1-2 hours a month) to empower Peer Leaders through Strength-based messaging campaigns.

Diverse perspectives and relationships are invaluable to the program's success. If you are interested in joining the Adult Advisor team, reach out today!

CONTACT:

