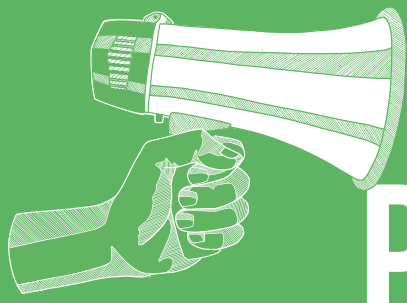




BECOME A SOURCES OF STRENGTH PEER LEADER!

Congratulations! Your peers and teachers see you as a leader and someone with influence and the power to make change!

Sources of Strength is an evidence-based program designed to promote mental wellness, prevent suicide, and create a culture of belonging centered around Hope, Help, and Strength.

Why be a Peer Leader?

- **You know what's going on!** Students like you know what your community needs for positive change and often recognize when friends are struggling, before adults do.
- **Your voice is powerful**
- You have the ability to be a **Connector to Help and an Agent of Change!**

The first step is to join the upcoming Sources of Strength Peer Leader Training. This training will be interactive and include:

- Games
- Discussions
- Peer Leadership
- Brainstorming
- And lunch!

As a Peer Leader you will participate in a team training and meet with your team throughout the year to have fun, build connections, grow their Strengths, and plan positive campaigns that will impact your entire community!

We're not asking you to change who you are or be a junior counselor or psychologist. We want you to use the Strengths, connections, and creativity you already have to make a positive impact. With your help, we can build a stronger, safer, and more connected community!



CONTACT:

DETAILS ON TRAINING

