



August Newsletter

Upcoming Events

If you are new to Sources of Strength or would like to learn more about the foundation of our programs, join us for an upcoming <u>Discovery Session!</u>

- Elementary Discovery Session on September 10 from 2 3pm ET
- Secondary Discovery Session on September 17 from 2 3pm ET



Trevor Project Survey: Your Voice Matters!

The Trevor Project's National Survey on the Mental Health of LGBTQ+ Young People is now open for 13–24 year olds. Your confidential responses will power research that drives life-saving programs, policy change, and funding for LGBTQ+ young people. Help amplify every voice: take & share the survey!

Annual Licensing Fee: What's New for 2025-2026

We've got some exciting updates for our Licensed Secondary Programs! The \$750 Annual Licensing Fee still includes everything to keep your program active and supported, and now with even more helpful tools!

This year, the Licensing Fee includes a **NEW** Licensed Program Portal with exclusive webinars, resources, and **NEW** Digital Licensing Package full of tools, templates, and materials.

We're introducing a new way to select materials: choose from **four themed campaign boxes** designed to make implementation easier with ready-to-use resources that support strong, fidelity-based campaigns.



To complete your licensing for the 2025-2026 school year, click <u>here!</u>

Training with the National Team? No need to fill this out, your licensing is included! **Email Olivia** to schedule your training.

Questions or need support from our team? Contact us here!

Apply for the Peer Leader Advisory Council

Do you know **Peer Leaders** who want to spread messages of Hope, Help, and Strength at the *National level*? Apply to the **2025 - 2026 Peer Leader Advisory Council (PLAC)!** We are looking for compassionate, motivated, and creative leaders to:

- ✓ Share ideas
- ✓ Provide feedback
- Plan campaigns
- Help amplify youth voices
- Build meaningful connections with Peer Leaders nationwide

Deadline: September 19, 2025





If you have questions, email PLAC@sourcesofstrength.org

Apply here!

Elementary Resources

Our Elementary Team has been cookin' up exciting resources to support your program implementation! The new <u>ASCA Alignment</u> and <u>CASEL Alignment</u> were designed to support your lesson planning. The new <u>K-5 Read Aloud Extensions</u> include all books extensions throughout the K-5 curriculum in one convenient place. Finally, the new <u>K-2 Scope and Sequence</u> was created to align with the <u>Scope and Sequences</u> found in the stratified 3-5 Curriculum.









ASCA Alignment CASEL Alignment

K-5 Read Aloud Extensions

K-5 Scope and Sequences

Secondary Resources

Our most popular campaigns now have **NEW** templated agendas and newly designed campaign cards! Introduce your team and the Strengths Wheel to your community using the <u>Getting the Word Out Campaign</u>. In the <u>We Belong Campaign</u>, teams celebrate diversity and create a protective culture of belonging in their community. Lastly, our <u>Kickoff Meeting Agenda</u> supports any teams meeting for the first time. Purchase new campaign cards <u>here!</u>







Getting the Word Out Campaign Cards

We Belong Campaign Cards

Kickoff Peer Leader Meeting Agenda

Sources Spotlight: Madison County Middle School



Georgia's Madison County Middle School Sources of Strength team had an awesome 2024-2025 year! For the **Trusted Adults Campaign**, Peer Leaders interviewed over 20 staff members from across the school about what it means to be a Trusted Adult and how to support students. These powerful stories were compiled into a video, which reached all 1200 students and staff during all lunch periods!

Decked out in matching sweatshirts they designed, the Madison County Middle School's Peer Leaders and Adult Advisors visited the Capital for the Substance Use Prevention Day in February. After attending the rally, the group toured the Capitol and met with multiple state representatives!

To read more about their exciting year, please check out our blog:

Madison County Middle School's Successful Year!

Staff Highlight: Robyn Weiner
Train-the-Trainer Team Lead



Robyn (she/her) joined Sources after serving as a middle school English teacher on the Navajo Nation. She grew up outside of Philadelphia and studied something she doesn't really use at the University of Pittsburgh. Previously, she served as a full-time mentor at a middle school and then worked in development for an education-focused non-profit in Dallas, Texas. She gets strength from positive friendships, experiencing new things, being around any four-legged creature and spending time in nature!

What is an activity that calms you? Walking in nature, yoga, visiting art museums * What is an activity that energizes you? Being with Positive Friends and running (jogging if we're being very honest) * What are you thankful for today? My body and my breath (and a few trips on the horizon!) * Would you rather... fight 1 horse-sized duck OR fight 100 duck-sized horses? Befriend them all!

Meet our Team

LOOKING FOR SUPPORT?

WE'RE HERE TO HELP!



As always, you have the support of our team! Please reach out if you have any questions. Thank you so much for your involvement with Sources of Strength!

Sources of Strength

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