TAP INTO STRENGTH MEETING #3

40-60 Minute Meeting

NEW CAMPAIGN!

Goals

- Launch the Strength in Action Jar activity to support daily engagement with TAP prompts
- Equip Peer Leaders with clear language and strategies to promote participation throughout the school
- Plan weekly shoutouts and prize drawings to celebrate student involvement

Materials Needed

- Example Prize
- Strength in Action Jar
- Markers or pens
- Previously cut Strength in Action Strips
- Extra paper, whiteboard, or digital notetaker
- Previously made display signs with instructions

WELCOME (1-2 min)

Thank the team for the momentum and energy they've brought to the first week of TAP into Strengths. Remind them:

"We've been getting the Strength in Action Jars ready, and now it's almost time to roll them out to the whole school. These jars are a fun and simple way for students to share how they're using the daily TAP prompts and get a chance to be recognized for it. As Peer Leaders, your energy, reminders, and encouragement are what will get people excited and help this part of the campaign really take off."

ONE PART FUN: CATEGORIES (5-10 min)

The games listed under the 'Fun' section of the campaign are suggested activities. Feel free to substitute them with other Sources games featured on page 151 of the Field Guide, based on what best suits your group's comfort level and preferences.

Objective: Have fun and discover new perspectives.

How to Play:

1. Choose a category that the group agrees upon (see ideas below or create your own).
   - Example: Cereal, Colors, Sports, Animals, Things with Wheels, Vegetables, Movies Starring Actors Named Will, Bands, Countries, etc.
2. Choose a person to begin and an order of people to follow (list the order somewhere Peer Leaders can refer to).
3. Begin with the first person and continue in the same order.
4. Each participant will have two to three seconds to come up with an answer that corresponds with the chosen category.
5. If the time runs out or they state an answer that has already been stated, then they are out.
6. Start a new round with the same category or pick a new category.

Variations

- With larger groups, use a "three strikes you're out" model instead of sudden elimination (this will keep the game moving and allow more people to continually be engaged).

ONE PART SHARING (10-15 min)

- Sharing personal stories helps Peer Leaders internalize the Strengths and better communicate the value of the Wheel to others. It also shows how Strengths can be practiced in daily life. Divide Peer Leaders and Adult Advisors into small groups of 4–5. Depending on time, feel free to have the groups share on one or

both questions:

1. "What's one TAP prompt you have noticed others around you engaging in lately? How did that moment reflect a Strength on the Wheel?"
2. "What's one TAP prompt that made you notice strength in your surroundings? What did you notice?"

Feel free to model this with a personal example. If time allows, invite a few groups to share their reflections with the whole room.

ONE PART PLANNING: STRENGTH IN ACTION (20 min)

"Now that the TAP into Strength Campaign is underway, we're giving students a simple way to reflect on the daily prompt and be celebrated. Starting this week, we'll be promoting the Strength in Action Jar. Students will write how they practiced the Strength prompt on a paper strip and drop it into the jar. On Fridays, we'll draw one strip for a prize and possibly feature a few more on announcements or a recognition board. Today, we're going to plan how you, as Peer Leaders, will help launch and lead this part of the campaign."

"Let's start by reviewing the script we'll use to explain the Strength in Action Jar to other students. You might use this in a classroom, at lunch, or during announcements."

Distribute or display the script and have Peer Leaders read aloud or take turns practicing:
"Every day when you complete the TAP prompt, you can write down how you used that Strength and drop it in our Strength in Action Jar. At the end of the week, we'll draw one strip, and that student will win a prize, plus their Strength story may be featured!"

Ask:

- "What tone would you use to make this exciting?"
- "What might you add to connect with your grade level or friend group?"

Write roles on chart paper, a whiteboard, or a shared digital doc. Then explain each one:

- *Promoters*

Role: Visit classrooms, read announcements, and explain the jar to other students.
Ask: "Who enjoys speaking in front of groups or doing quick classroom visits?"

- *Jar Hosts*

Role: Set up and staff the jar during lunch. Hand out strips and pens as needed.
Ask: "Who can take a few minutes at lunch or before school to encourage people to stop by and fill out a strip to put in the jar?"

- *Collectors*

Role: Check the jar daily or every other day, organize the strips, and bring them to the Adult Advisor.
Ask: "Who can be responsible for gathering and tracking the strips each day?"

- *Celebrators*

Role: Choose 1–3 submissions each Friday to highlight and read during announcements or post on a board.
Ask: "Who can highlight and celebrate the responses we get each Friday? Who wants to help lead this weekly drawing and shoutouts?"

Once divided into groups, ask Peer Leaders to brainstorm how they want to engage in each role by answering the following questions:

- *Promoters*

Ask: "How could we promote this campaign during announcements and in classrooms?"

- *Jar Hosts*

Ask: "If we table during lunch, after school, or before school, what could we say to get people to engage with this activity?"

- *Collectors*

Ask: "What is the process for daily collection? Where do we want to store materials after and during the collection process? How should we display the submissions we collect?"

- *Celebrators*

Ask: "Let's choose a time for the prize drawing (e.g., morning announcements or lunch). Finally, how do we want to celebrate and highlight our submissions?" (e.g., announcements, prizes, or segment in school news?)

CLOSING (1-2 min)

As you end the brainstorming session, remind each Peer Leader the following:
"Once the jar is out, your role doesn't stop. We need to keep it active all month. Here's how you can help every day:"

- Check to make sure strips and pens are stocked.
- During lunch or passing periods, remind students to participate
- Consider carrying a few strips with you to hand out on the go.

Optional- Ask each Peer Leader to:

- Write down one way they will encourage a classmate to use the Strength in Action Jar this week.
- Name one Strength they want to recognize in someone else before the next meeting.

Remind them of the next meeting date, and encourage continued daily tapping and modeling.