

# WE BELONG

## WE BELONG MEETING #1

30-45 Minute Meeting

### Goals

- Group conversation around what, who and where already helps Peer Leaders feel like they belong
- To reflect on what belonging means to Peer Leaders through play, active listening, and authentic sharing

### Materials Needed

- Markers or pens
- Poster paper
- Post-It Notes

### WELCOME (1-2 min)

Thank all the Adult Advisors and Peer Leaders for joining the meeting. Reaffirm Peer Leaders' mission that their voices have power and that they are Agents of Change and Connectors to Help in their school and communities. Reaffirm that their role as Peer Leaders gives a unique opportunity to help others in the school feel like they belong.

### ONE PART FUN: SILENT SHUFFLE (5-10 min)

The games listed under the 'Fun' section of the campaign are suggested activities. Feel free to substitute them with other Sources games featured on page 151 of the [Field Guide](#), based on what best suits your group's comfort level and preferences.

**Objective:** This game will help Peer Leaders learn different things about each other through active listening and nonverbal communication. They will need to practice teamwork and collaboration to get the task done.

#### How to Play:

Introduce the game by sharing that Peer Leaders will work together to order themselves into lines according to different categories, without speaking! That's really the only rule: No talking aloud - and don't be too sneaky, no writing on paper or whiteboards, either. Use nonverbal communication to get yourselves in the right order. Play as many rounds as you'd like.

#### Categories:

- Birthday month
- Height
- Alphabetical by first name
- Alphabetical order by middle name
- Time they got up that morning

### ONE PART SHARING (10 min)

Since you have selected a We Belong campaign, it can be a good idea to use a sharing prompt related to that campaign to have the team reflect authentically on what Belonging looks like to them before they work to share the campaign with the wider school population.

Divide Peer Leaders into small groups of 4 to 5, and they will discuss the sharing prompt together. Either number Peer Leaders off or ask them what their favorite subject, ice cream flavor, or time of day is and divide Peer Leaders based on those groups.

"We're going to start working on a Belonging Campaign - but first, we want to reflect on what it means to feel like we belong and what belonging really means to us! We are going to break up into groups of 4-5 to answer this question:

Share about an experience, person, or group who has made you feel like you belong.”

Feel free to model this with a personal example. If time allows, invite a few groups to share their reflections with the whole room.

### **ONE PART PLANNING: WE BELONG POSTERS** (15-20 min)

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Remind everyone the goal of a We Belong campaign is to increase belonging in our community. Here, work with your team to identify where belonging is already happening. Like a Belonging Audit!

Hang four posters around the room and place sticky notes and markers at the base of each poster.

**Poster #1:** People who make us feel like we belong

**Poster #2:** Places that make us feel like we belong

**Poster #3:** Activities that make us feel like we belong

**Poster #4:** Events that make us feel like we belong

Invite Peer Leaders to walk around the room writing the names of the people, places, activities, and events where they already see and experience belonging in their lives. Remind Peer Leaders that their reflections don't have to be limited to school; we want to reflect on their entire ecosystem and where they find different facets of belonging. After completing the activity, invite Peer Leaders to share several of their answers with the whole group.

### **CLOSING** (1-2 min)

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Thank all the Adult Advisors and Peer Leaders for participating in the meeting. Encourage the team to send a note of gratitude to someone who makes them feel like they belong based on the conversation from the meeting.

Remind everyone to bring their completed trading cards to the next meeting.

Don't forget to share the time and date for the next meeting before everyone leaves.