# WE BELONG

# **WE BELONG CAMPAIGN MEETING #3**

30-45 Minute Meeting

#### Goals

 To foster a sense of self-awareness, belonging, and connection by exploring what makes us unique

#### **Materials Needed**

- Puzzle pieces
- Pens or markers
- Sticky Notes
- Poster Paper

# WELCOME (1-2 min)

Thank all the Adult Advisors and Peer Leaders for joining the meeting. Remind Peer Leaders that at the last meeting, we chatted about how we can cultivate belonging for others and created a **Belonging Card** to increase belonging in our community.

## **ONE PART FUN: JEDI MIND TRICK (5-10 min)**

The games listed under the 'Fun' section of the campaign are suggested activities. Feel free to substitute them with other Sources games featured on page 151 of the <u>Field Guide</u>, based on what best suits your group's comfort level and preferences.

Objective: To have FUN!

#### How to Play:

- 1. Have the group stand in a circle: ask for two Peer Leaders to volunteer to stand in the middle of the circle.
- 2. Share that the game is all about non-verbal communication: the goal for the people in the circle is to silently switch places with each other as many times as they can, while the goal of the people in the middle is to steal a spot that another player left.
- 3. Have two students on the outside demonstrate what it would look like to non-verbally signal to each other (ex. eye contact, waving, nodding) to switch places across the circle. Have one of the students in the middle get to the spot first, placing one of the students from the outer circle in the middle.

#### **Rules:**

No voices, no throwing elbows, the first person to the vacant spot gets it, putting someone else in the middle, and avoid collisions whenever possible!

#### Game Add-ons (optional):

- You can only switch with someone in the outer circle once and/or have to switch with a new person each time.
- After a few rounds, add the rule that if you move, you HAVE to make a noise when you trade places (lightsaber, Chewbacca, other sound effects are encouraged).

## **ONE PART SHARING** (10-15 min)

Over the next two meetings, Peer Leaders will engage in a self-reflection activity, celebrating what makes them unique, and then brainstorm how to bring this activity to the whole school. You'll need colorful puzzle pieces for this next activity, found either in your Year 1 Materials Box or available on the website. Alternatively, feel free to cut out your own puzzle pieces, large enough for students to write a few words or illustrations.



Feel free to write the following Brené Brown quote on a poster before beginning the puzzle piece activity: "True belonging doesn't require you to change who you are; it requires you to be who you are."

"At the last meeting, we reflected on how we can show up for others to help them feel like they belong. In this meeting, let's reflect on the things that make you unique. Maybe it is a talent, a personality trait, a healthy activity you enjoy, or who you are to your family or your friends...each of you will receive a puzzle piece; please use this space to write or draw the things that make you YOU!"

Feel free to model this with a personal example. If time allows, invite a few peer leaders to share their reflections with the whole room.

"When you finish your puzzle piece, find another Peer Leader and connect your pieces together using tape. What makes us individually unique is what connects us as a community!"

## **ONE PART PLANNING: BRAINSTORMING NEXT STEPS** (20-30 min)

After Peer Leaders have reflected on their individual strengths through the puzzle piece activity, it's time to plan how to bring this activity to the whole school!

Hang three posters around the room and place sticky notes and markers at the base of each poster.

Poster #1: When can we do this activity?

**Poster #2:** Where can we display this activity?

**Poster #3:** How can we motivate people to participate in this activity?

Invite Peer Leaders to divide into three groups and remind them to consider their friends, classmates, and teammates - what would motivate them to fill out one of these puzzle pieces and participate in our campaign?

# **CLOSING** (1-2 min)

Thank all the Adult Advisors and Peer Leaders for participating in the meeting. Ask Peer Leaders to start thinking about the different tasks associated with bringing this campaign to the broader community and to come to the next meeting ready to cut out puzzle pieces and sign up for campaign duties!

Don't forget to share the time and date for the next meeting before everyone leaves.

