

KINDERGARTEN LESSON SLIDES - UNIT 1

In this slide deck, you will find slides for 4 lessons from Unit 1 of the Kindergarten Curriculum.

- [Lesson 1.1 - Setting the Stage For Connection](#)
- [Lesson 1.2 - Celebrating My Own Growth: Aha!](#)
- [Lesson 1.5 - Strengths Wheel: Things We Do That Make Us Strong](#)
- [Lesson 1.8 - Celebrating Our Connections and Community](#)





SOURCES
OF STRENGTH

LESSON 1.1

SETTING THE STAGE FOR CONNECTION

Lesson Spotlight:

I can be an active listener and learn from others.



WELCOME
BACK!

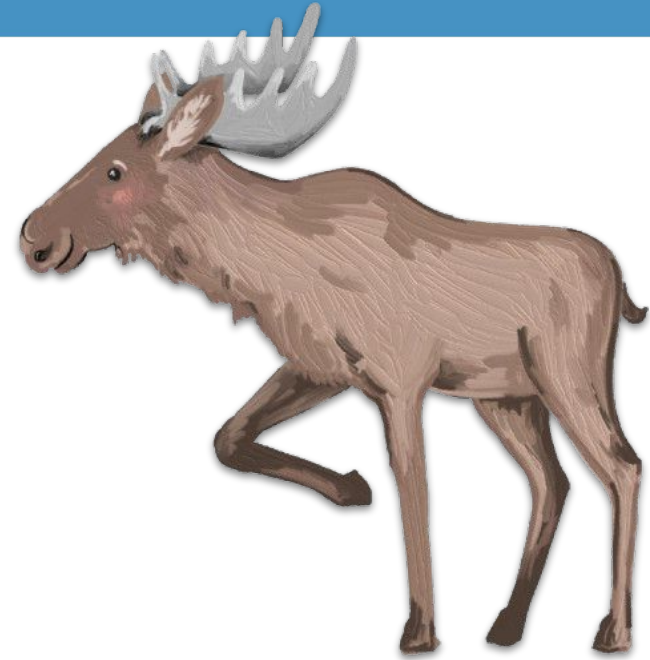


MOOSE OR MOUSE?



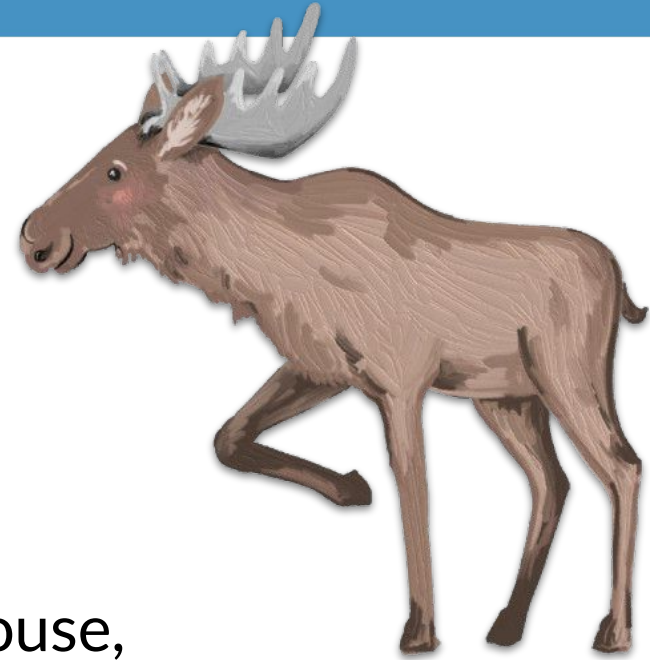
GAME TIME! - MOOSE OR MOUSE?

If you want to be a moose,
show your antlers.



GAME TIME! - MOOSE OR MOUSE?

If you want to be a moose,
show your antlers.



If you want to be a mouse,
show your paws.



OUR TALKING CIRCLE NORMS



Talk only when you have the Talking Piece



OUR TALKING CIRCLE NORMS

**Listen when others
have the Talking Piece**



FULL CIRCLE SHARE



“My name is _____.”

OUR TALKING CIRCLE NORMS



FULL CIRCLE SHARE



“My favorite animal is a _____.”

SIMILARITIES AND DIFFERENCES ACTIVITY (1 OF 3)

1. If you are in kindergarten, raise your hand.



SIMILARITIES AND DIFFERENCES ACTIVITY (1 OF 3)

1. If you are in kindergarten, raise your hand.
2. Pretend you are a bird and flap your arms like wings.



SIMILARITIES AND DIFFERENCES ACTIVITY (1 OF 3)

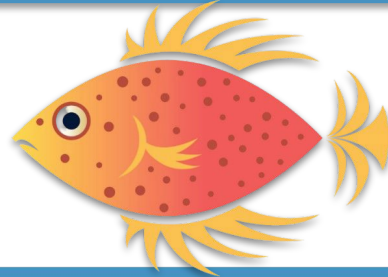
1. If you are in kindergarten, raise your hand.
2. Pretend you are a bird and flap your arms like wings.
3. Pretend you are a fish and hold a bubble in your mouth.



SIMILARITIES AND DIFFERENCES ACTIVITY (1 OF 3)

1. If you are in kindergarten, raise your hand.
2. Pretend you are a bird and flap your arms like wings.
3. Pretend you are a fish and hold a bubble in your mouth.

Which animal would you rather be? Show us!



SIMILARITIES AND DIFFERENCES ACTIVITY (2 OF 3)

1. If you have ever felt sad, make a frowny face.



SIMILARITIES AND DIFFERENCES ACTIVITY (2 OF 3)

1. If you have ever felt sad, make a frowny face.
2. If you have ever felt happy, make a smiley face.



SIMILARITIES AND DIFFERENCES ACTIVITY (2 OF 3)

1. If you have ever felt sad, make a frowny face.
2. If you have ever felt happy, make a smiley face.

Other emotions we all experience are scared, excited, and angry (invite students to show these emotions).



SIMILARITIES AND DIFFERENCES ACTIVITY (3 OF 3)

1. If you have a pet at home, put up one hand.



SIMILARITIES AND DIFFERENCES ACTIVITY (3 OF 3)

1. If you have a pet at home, put up one hand.
2. If you have no pets, make an X with your arms.



SIMILARITIES AND DIFFERENCES ACTIVITY (3 OF 3)

1. If you have a pet at home, put up one hand.
2. If you have no pets, make an X with your arms.
3. If you have more than one pet, put up both hands.



SIMILARITIES AND DIFFERENCES ACTIVITY (3 OF 3)

1. If you have a pet at home, put up one hand.
2. If you have no pets, make an X with your arms.
3. If you have more than one pet, put up both hands.

On the count of three, let's all make the sound of our favorite animal.



KEEP PRACTICING YOUR STRENGTHS!

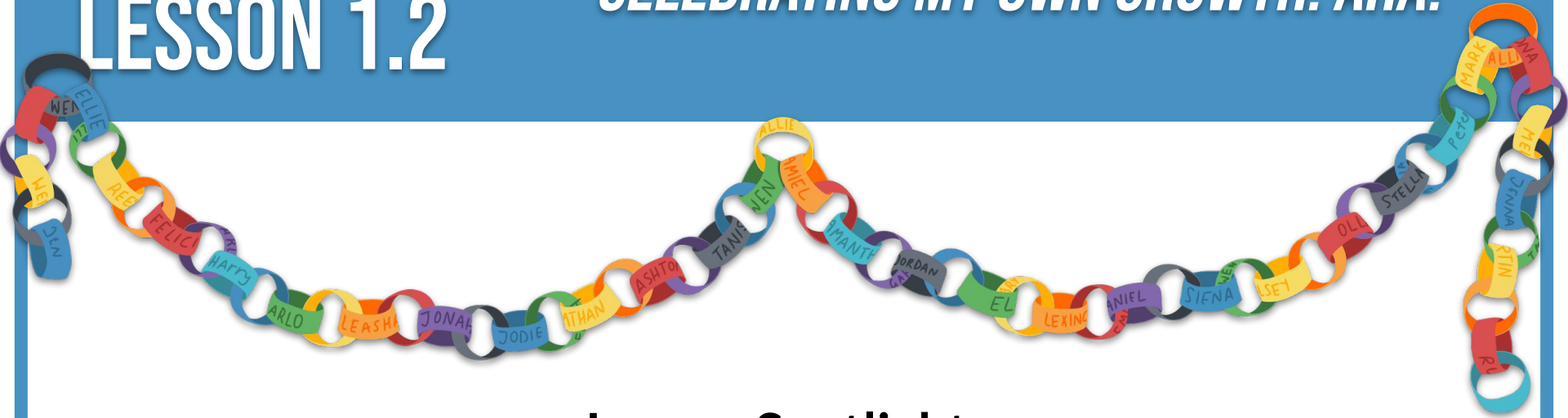




SOURCES
OF STRENGTH

LESSON 1.2

CELEBRATING MY OWN GROWTH: AHA!



Lesson Spotlight:

I can celebrate my own growth and progress.

WELCOME
BACK!



OUR TALKING CIRCLE NORMS



Talk only when you have the Talking Piece



OUR TALKING CIRCLE NORMS



Pass if you're not ready



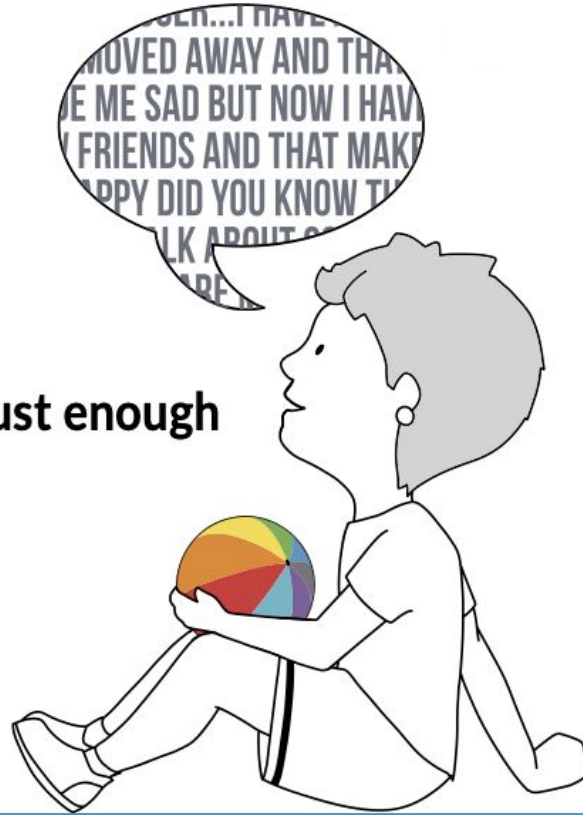
OUR TALKING CIRCLE NORMS

**Listen when others
have the Talking Piece**



OUR TALKING CIRCLE NORMS

Share just enough



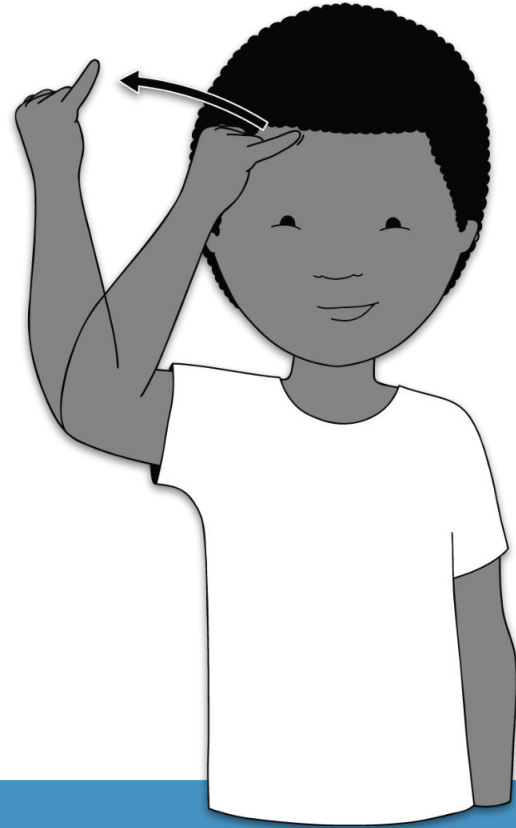
FULL CIRCLE SHARE



“Something I am good at is _____.”

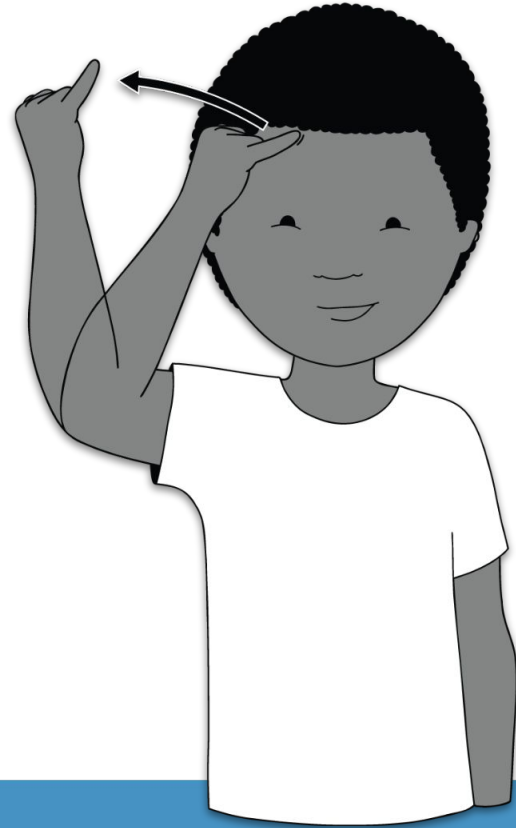
Celebrating our own growth and progress is called an **Aha**.

Let's practice making the sign for an Aha.



Examples include:

- Learning to tie our shoes
- Writing our name
- Naming how we feel
- Noticing good things in life



KEEP PRACTICING YOUR STRENGTHS!





SOURCES
OF STRENGTH

LESSON 1.5

STRENGTHS WHEEL:

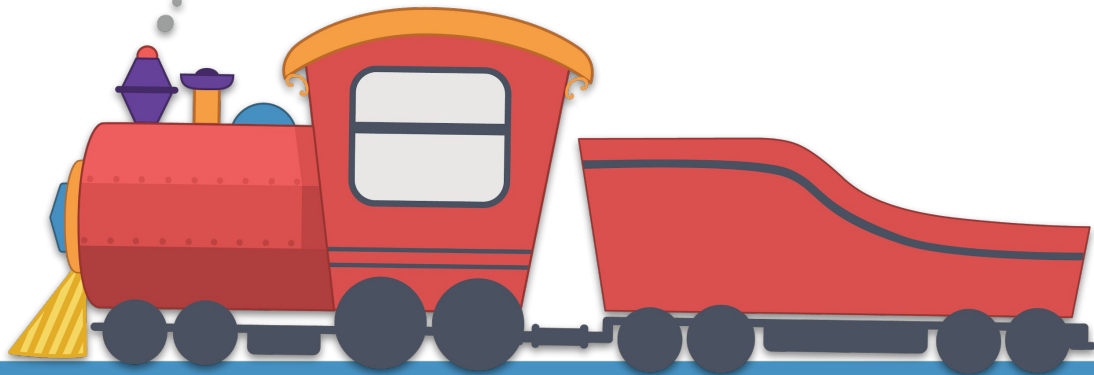
THINGS WE DO THAT MAKE US STRONG

Lesson Spotlight:

I can name things I do that help me be healthy and strong.



WELCOME
BACK!

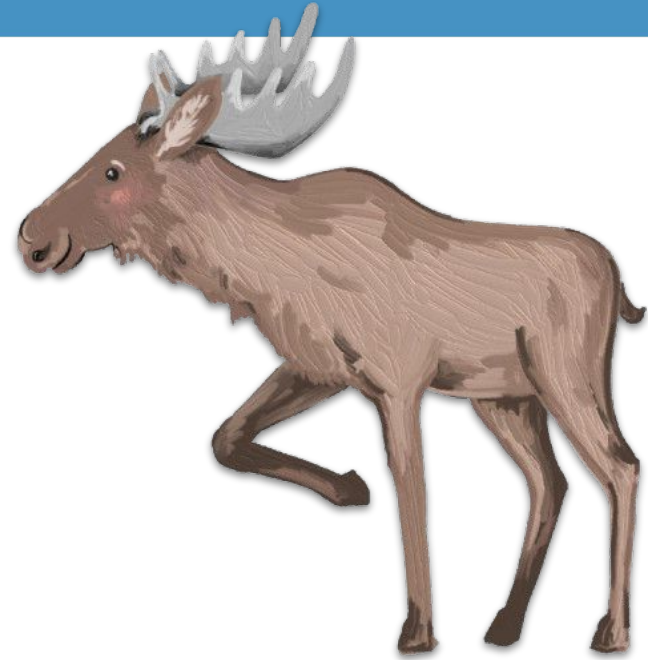


MOOSE OR MOUSE?



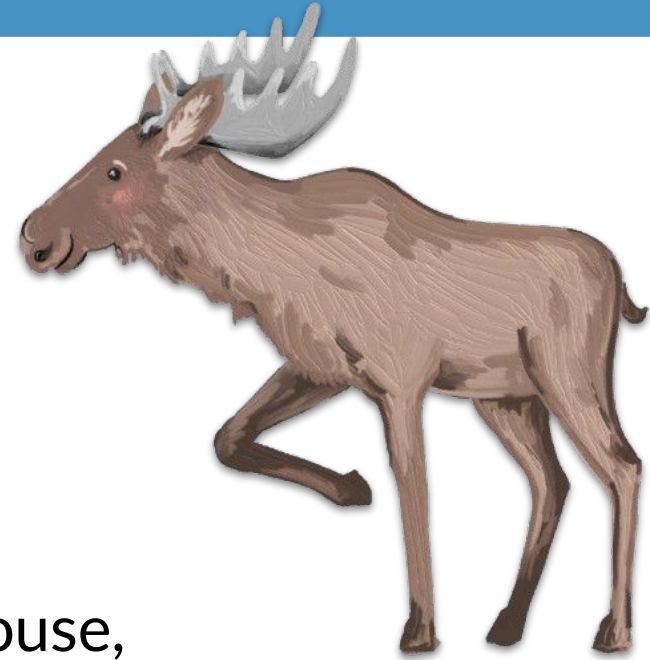
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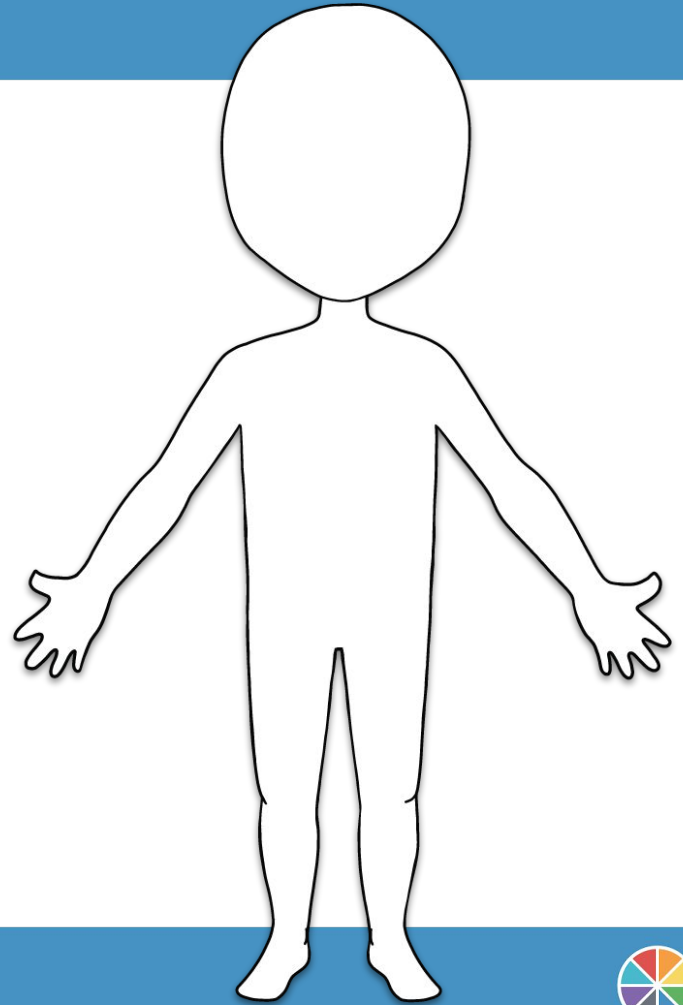
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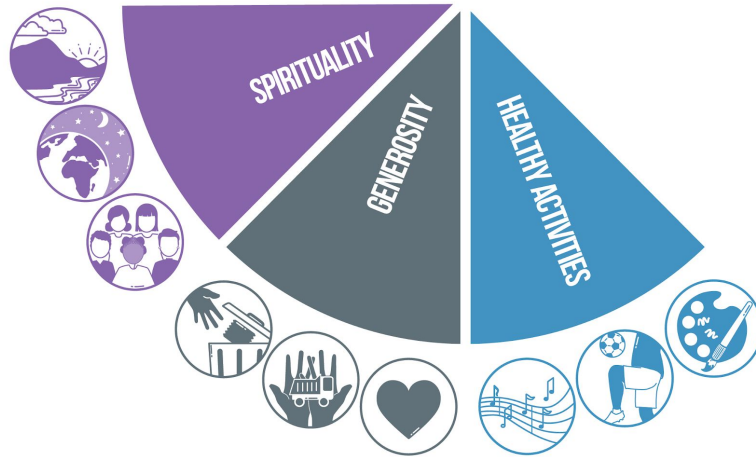
LISTENING TO OUR BODIES

What do you notice in your body?

- Energy in your arms and legs?
- Smiling face?
- Feeling sad?
- Faster or slower breathing?



Our Healthy Activities, Generosity, and Spirituality help us be healthy and strong in all sorts of different ways.

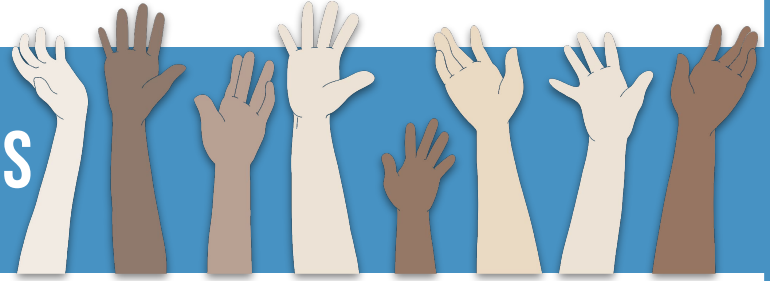


SHOW OF HANDS



Who feels energized when you play by yourself or with others?

SHOW OF HANDS



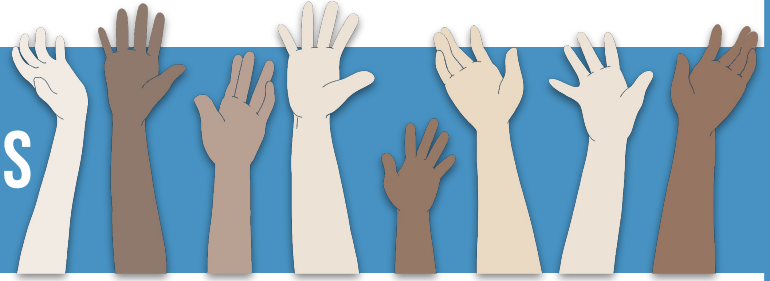
Who likes helping others?

SHOW OF HANDS



Who has a special place where
you like to spend time?

SHOW OF HANDS



Who feels calm when reading a book, listening to music, or hanging out with your pet?

OUR TALKING CIRCLE NORMS



Talk only when you have the Talking Piece



OUR TALKING CIRCLE NORMS



Pass if you're not ready



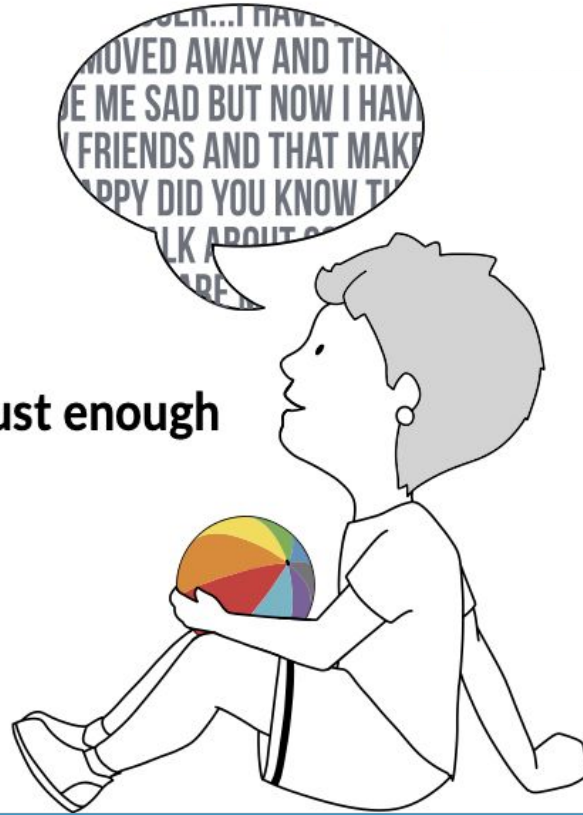
OUR TALKING CIRCLE NORMS

**Listen when others
have the Talking Piece**



OUR TALKING CIRCLE NORMS

Share just enough



FULL CIRCLE SHARE



“One thing I do to feel calmer is
_____.”

KEEP PRACTICING YOUR STRENGTHS!





SOURCES
OF STRENGTH

LESSON 1.8

CELEBRATING OUR CONNECTIONS AND COMMUNITY

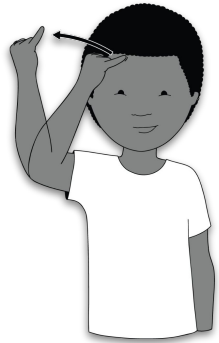


Lesson Spotlight:

I can celebrate myself and others in my school.

WELCOME
BACK!

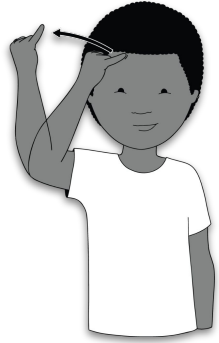




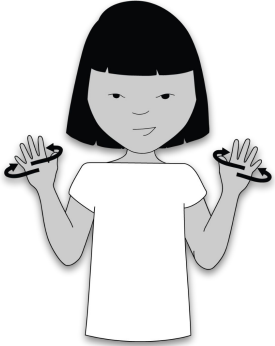
- An Aha is...



REVIEW



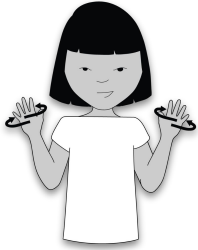
- An Aha is...



- An Affirmation is...

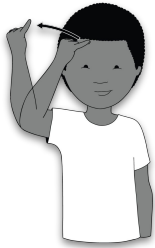


TODAY'S TALKING CIRCLE CELEBRATIONS



- An Affirmation for someone at school

OR



- An Aha for yourself



TODAY'S TALKING CIRCLE CELEBRATIONS



Chain links will be added for each Celebration.

Our chain will remind us how we are all
connected.



OUR TALKING CIRCLE NORMS



Talk only when you have the Talking Piece



OUR TALKING CIRCLE NORMS



Pass if you're not ready

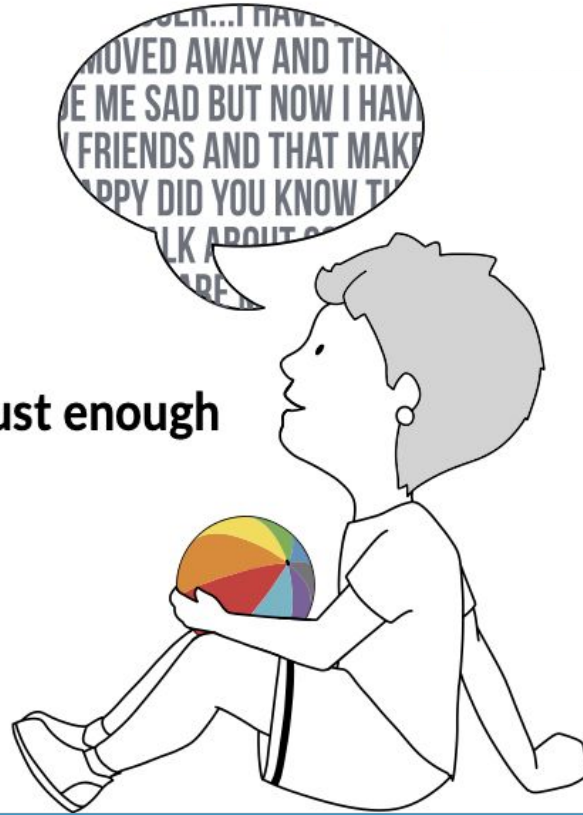


**Listen when others
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OUR TALKING CIRCLE NORMS

Share just enough

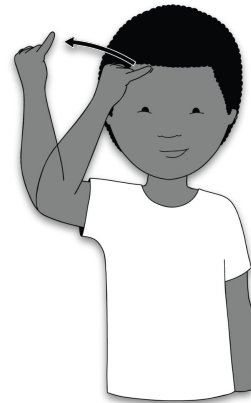
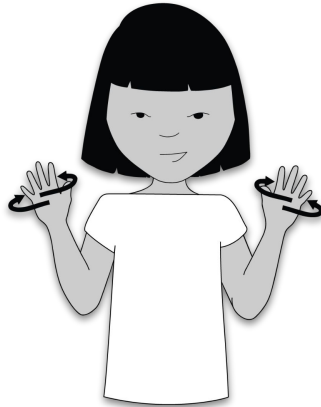


FULL CIRCLE CELEBRATION SHARE

“I have an Affirmation for _____ because _____.”

OR

“My Aha is _____.”



KEEP PRACTICING YOUR STRENGTHS!

